

**BONUS: 2 EXTRA BOOKLETS!**

THE SINGAPORE

# Women's Weekly

NOVEMBER 2010

**HOW TO LOOK**

**10 YEARS YOUNGER**

**28-PAGE SPECIAL**

**'I was very poor'**  
Maggie Q on her tough rise to fame

**ONLY \$3.90**

**TRUE-LIFE DRAMA**

**DIAMONDS & DRUGS**

Inside the tragic world of Poor Little Rich Girls

**DRESS 5 KILOS SLIMMER**

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**Get a pay rise!**

Smart tips to make any boss say yes

*How to fix his*  
**FREAKY sex habit**

Sneaky ways to 'retrain' him for your pleasure

**Fast, Fresh, Fuss Free**  
Stylish entertaining made easy



## JUST LIE BACK

Sometimes a salon treatment is just the boost your skin needs:

### • HOLISTIC THERAPY

Dermalife Spa Jet 2G hydrotherapy spa session includes a deep-cleansing body scrub, mud wrap and a steam bath with nutrients in the mist to help remineralise skin. Colorbath LED technology “harmonises” your energy flow using colour therapy, and a 360-degree Vichy shower soothes skin. Then a hydro-massage promotes circulation. At \$320 for 60 minutes. At Clariancy Aesthetic Clinic, #02-15/16 Raffles Hotel Shopping Arcade, Tel: 6338 2619.

### • REDUCE STRESS

The Energising Deep Thermal treatment, \$300 (120 minutes), starts with a dry massage with a hot stamp using essential oils, oatmeal, wasabi, ginger and white tea, followed by a relaxing massage and an essential oil-rich, algae mud mask wrap. At Leonard Drake Skin Care & Health Spa outlets ([www.leonarddrake.com.sg](http://www.leonarddrake.com.sg)).